

Infant Airway Obstruction Emergency Procedures Test Answer Key

1. For each of the following objects, indicate whether it is safe or unsafe for an infant by writing the correct letter in the space next to each object.

Object	Safe or Unsafe
<u> b </u> marble	a. Safe
<u> a </u> rattle	b. Unsafe
<u> b </u> grape	
<u> a </u> stuffed animal	
<u> b </u> small Lego piece	
<u> b </u> hot dog cut into slices	
<u> b </u> play money and coins	

2. Order the steps of helping a choking infant by placing the correct number next to each step.

	Step
<u> 3 </u>	Give up to five “back slaps” with the heel of your free hand between the infant’s shoulder blades. Each slap slightly harder to help the obstruction dislodge.
<u> 5 </u>	Give up to five “chest thrusts” on the breastbone using two fingers of your free hand, placing your fingertips one finger width below the nipple line. Press straight down $\frac{1}{3}$ to $\frac{1}{2}$ the depth of the infant’s chest. (1 second in length.) Allow the chest to come back to normal position.
<u> 1 </u>	If alone, shout for help: • If someone comes, have them call for emergency medical assistance. • If no one comes, continue rescue skills for one minute, and then call for emergency medical assistance.
<u> 6 </u>	Alternate giving five “back slaps” and five “chest thrusts” until the object comes out; the infant breathes, coughs, or cries; or until the infant stops responding. If the infant stops responding and becomes unconscious or limp, perform the steps of infant CPR.
<u> 2 </u>	Hold the infant face down on your right forearm, supporting the infant’s head and jaw with your hand. Keep airway open by not letting the infant’s head drop forward. Sit or kneel and rest your arm on your thigh, holding the infant’s shoulders below his/her hips. Straddle the infant’s legs on your arm.
<u> 4 </u>	If the object does not come out after 5 back slaps, turn the infant onto his/her back by holding the back of the infant’s head with your free hand and flipping the infant to your free forearm, supporting the infant’s head and neck with your hand..

3. Why should the Heimlich maneuver not be used on an infant? Circle the correct answer.

- ☒ a. It may cause harm to the infant’s body
☐ b. It doesn’t work
☐ c. The baby will cry
☐ d. It will cause the object to go further into the airway